

Review

Brain anatomy and development in autism: review of structural MRI studies

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Abstract

Autism is a neurodevelopmental disorder that severely disrupts social and cognitive functions. MRI is the method of choice for in vivo and non-invasively investigating human brain morphology in children and adolescents. The authors reviewed structural MRI studies that investigated structural brain anatomy and development in autistic patients. All original MRI research papers involving autistic patients, published from 1966 to May 2003, were reviewed in order to elucidate brain anatomy and development of autism and rated for completeness using a 12-item check-list. Increased total brain, parieto-temporal lobe, and cerebellar hemisphere volumes were the most replicated abnormalities in autism. Interestingly, recent findings suggested that the size of amygdala, hippocampus, and corpus callosum may also be abnormal. It is conceivable that abnormalities in neural network involving fronto-temporo-parietal cortex, limbic system, and cerebellum may underlie the pathophysiology of autism, and that such changes could result from abnormal brain development during early life. Nonetheless, available MRI studies were often conflicting and could have been limited by methodological issues. Future MRI investigations should include well-characterized groups of autistic and matched healthy individuals, while taking into consideration confounding factors such as IQ, and socioeconomic status. © 2003 Elsevier Inc. All rights reserved.

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1. Introduction

Autism is a complex disease characterized by impairment of social interaction, language, behavior, and cognitive functions [61]. Autistic phenotype is a behavioral syndrome described by the DSM-IV [3] based on the presence of at least 6 of 12 symptoms related to impairment in social interaction, verbal and nonverbal communication deficits, restricted interests, and repetitive behaviors, which are present by the age of 3 years [60]. Clinical features and cognitive impairments persist throughout life and are associated with mental retardation in the majority of patients [50]. Although the causation of autism is still largely unknown, it has been suggested

that genetic, developmental, and environmental factors could be involved alone or in combination as possible causal or predisposing effects toward developing autism [7,51,69].

In the last 15 years, several magnetic resonance imaging (MRI) studies examined the brain anatomy in patients with autism in order to identify structural abnormalities. MRI has become the method of choice for investigation of brain morphology, because of its high contrast sensitivity and spatial resolution, in the absence of radiation exposure. This is particularly important in research studies involving children and adolescents [21,40].

The goal of this review was to summarize morphometric brain investigations involving patients with autism, in order to examine structural brain anatomy and development in autism. Additionally, we discussed specific methodological issues that should contribute to improve the design of future MRI investigations in this field.

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2. Methods

We identified all original MRI research papers published in English investigating autistic patients, through a comprehensive Medline search conducted for the period from 1966 to May 2003. A manual search of bibliographic cross-referencing complemented the Medline search. We rated each paper for completeness using a 12-point checklist, divided among three categories, adopted from a checklist developed by Strakowski et al. [70]. The specific 12 items were:

1. Category 1: subjects
 - (i) Patients were evaluated prospectively, specific diagnostic criteria were applied, and demographical data were reported;
 - (ii) Healthy comparison subjects were evaluated prospectively, psychiatric and medical illnesses were excluded, and demographical data were reported;
 - (iii) Important confounds (e.g. age, gender, intelligence quotient, i.e. IQ, handedness, socioeconomic status, height or total brain measures) were controlled either by stratification or statistically;
 - (iv) Sample size per group ≥ 20 ;
2. Category 2: methods for image acquisition and analysis
 - (v) All neuroanatomic measurements were made blind to group assignment and to subjects' identity;
 - (vi) Measures for brain structures were reported;
 - (vii) MRI slice-thickness ≤ 3 mm and more than one slice were identified and traced;
 - (viii) The imaging technique was clearly described so as to be reproducible;
 - (ix) The measurements were clearly described so as to be reproducible;
 - (x) Regions-of-interest were defined a priori or an exploratory approach was justified;
3. Category 3: results and conclusions
 - (xi) Statistical parameters for significant and important nonsignificant differences were provided;
 - (xii) Conclusions were consistent with results and limitations are discussed.

When criteria were partially met, 0.5 points were assigned. The aim of this rating was to describe the completeness of published studies with a numeric score in order to aid readers, and was not intended to critique the investigators or the work itself.

3. Brain anatomy in autism: MRI findings

3.1. Posterior fossa

3.1.1. Cerebellar vermis

Courchesne and co-workers [16,52] first reported abnormally reduced areas for neocerebellar vermis lobules VI

and VII (superior posterior vermis: declive, folium, and tuber), but not I–V (anterior vermis: lingula, centralis, and culmen) and VIII (inferior posterior vermis: pyramis, uvula, and nodulus), in a sample of children and adult patients with autism ($N = 18$). The authors used as comparison group a retrospective sample of age-matched subjects with non-neurological medical problems ($N = 12$). The same group successively confirmed these findings in larger samples in two different studies, using healthy controls as comparisons [12,14] (Table 1). However, analyses were not adjusted for IQ and total brain measures in any of the these studies. Recently, Carper and Courchesne [8] found significantly reduced vermis lobules VI–VII in mentally and non-mentally retarded autistic male children ($N = 42$) compared to age-matched male healthy controls ($N = 29$), and the difference persisted even after adjusting for total brain volume. However, the two groups of subjects were not matched for IQ and this variable was not used as a covariate in the analysis.

Interestingly, a reduction in vermis lobules I–V [38], VI–VII [38], and VIII–X [36,38,47] were also found in mentally and non-mentally retarded autistic children and adolescents (Table 1). However, the failure to adjust the analyses for potential confounds such as IQ, gender, and brain size may have biased the results of these studies. In fact, in the Levitt et al. study [47] the vermal abnormalities disappeared after adjusting the analyses for IQ. Also, most of the comparisons subjects in the studies by Hashimoto et al. [36,38] were composed of individuals suffering from neurological conditions, non-matched for IQ or gender. However, several replication studies have failed to observe any abnormalities of the vermis lobules I–X in young and adult mentally or non-mentally retarded patients with autism [24,28,29,35,37,41,45,48,53,59,62,66] (Table 1).

Additionally, Courchesne et al. analyzed measurements obtained from subjects included in their original report [16] and in the replication study [14], and found two different sub-groups, one with hypoplasia ($N = 43$) and another with hyperplasia ($N = 6$) of vermal lobules VI–VII [14], suggesting the existence of two distinct subtypes of vermal abnormalities within the autistic population. However, these findings may have been limited by the selection of retrospective medical individuals as control group in the original report, and the failure to adjust the analyses for potential confounders such as IQ, total brain measures, or gender. Nonetheless, providing further support for this hypothesis, a retrospective re-analyses [15] of 78 autistic patients from four MRI studies [14,16,45,58] found that 87% of the patients had hypoplasia and 13% hyperplasia of vermal lobules VI–VII areas. A voxel-based MRI morphometric study found increased vermis pyramis gray matter density (part of the lobules VIII–X) in a small sample of young adults with high-functioning autism ($N = 15$) compared to age-, gender-, and IQ-matched normal controls ($N = 15$) [1] (Table 1).

Table 1
MRI studies of posterior fossa structures, total brain, cortical lobes, and ventricles in autism

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Gaffney et al. [27]	14 DSM III, 10 males 10.9 ± 4.6 years old (4–19) IQ: 84.9 ± 27.7 (60–135)	33 retrospective medical controls, 18 males 12.3 ± 4.9 years old (4–19) IQ: supposed normal	0.5 T 10 mm thick IR ≥ 0.84 Area measurements; no covariates	Reduced cerebellum area ratios Enlarged 4th ventricle area ratios	6.5
Gaffney et al. [24,26]	13 DSM III, 10 males 11.3 ± 4.7 years old (5–22) IQ: 84.9 ± 27.7 (60–135)	35 retrospective medical controls, 21 males 12.0 ± 5.2 years old (4–19) IQ: supposed normal	0.5 T 10 mm thick IR ≥ 0.66 Area measurements; no covariates	Smaller total brainstem and pons areas Enlarged 4th ventricle area ratios No abnormalities in total vermis, cerebrum, cerebellum, midbrain, and medulla oblongata areas	8
Courchesne et al. [16]	18 DSM III, 16 males 20.9 years old (6–30) IQ: 55–108	12 normal (3) or retrospective medical controls (9), 9 males 24.8 years old (9–37) IQ: supposed normal	1.5 T 5 mm thick IR ≥ 0.86 Area measurements; no covariates	Reduced vermis lobule areas VI–VII No abnormalities in vermis lobules I–V and VIII areas	7.5
Gaffney et al. [25]	13 DSM III, 10 males 4–19 years old IQ: 84.9 ± 26.7 (65–139)	33 retrospective medical controls, 18 males 4–19 years old IQ: supposed normal	0.5 T 10 mm thick IR ≥ 0.84 Area measurements; total brain covariated	Enlarged anterior ventricular horns and lateral ventricle areas	8
Garber et al. [29], Ritvo and Garber [62]	15 DSM III, 11 males 11.6 ± 4.1 years old (5–19) IQ > 70: 5 patients IQ < 70: 10 patients	15 age- and sex-matched normal controls IQ: supposed normal	1.5 T 5 mm thick IR ≥ 0.92 Area and volume measurements; IQ covariated	No abnormalities in vermis lobule and 4th ventricle sizes	9.5
Murakami et al. [52]	10 DSM III, 8 males 23.0 ± 7.1 years old (14–39) IQ: 86 ± 22	8 normal (3) or retrospective medical controls (5), 7 males 28.2 ± 6.0 years old (19–37) IQ: supposed normal	1.5 T 5 mm thick IR ≥ 0.96 Area measurements; no covariates	Reduced vermis lobule VI–VII areas and cerebellar hemisphere cross-sectional areas No abnormalities in vermis lobules I–V	8
Hsu et al. [44]	34 DSM III, 27 males 18.9 years old (2–39) IQ: 82.6 ± 15.5	44 healthy (35) or medical controls (9), 40 males 19.8 years old (3–39) IQ: 113 ± 11.4	1.5 T 5 mm thick IR ≥ 0.83 Area measurements; no covariates	No abnormalities in pons and midbrain areas	9.5
Nowell et al. [53]	53 retrospective DSM III, 45 males 9 years old (2–22) IQ ≤ 80	32 retrospective pediatric patients 8.5 years old (1–17) IQ: supposed normal	0.5 T 10 mm thick IR not reported Height measurements; no covariates	No abnormalities in vermis lobules VI–VII and 4th ventricle sizes	6
Garber and Ritvo [28]	12 DSM III, 9 males 27.2 ± 5.3 years old (18–38) IQ: middle-to-high functioning	12 normal controls, 8 males 26.4 ± 3.6 years old (21–35) IQ: normal or higher	1.5 T 5 mm thick IR ≥ 0.91 Area measurements; no covariates	No abnormalities in vermis lobules I–VII, pons, 4th ventricle, and total cerebral areas	8.5
Hashimoto et al. [35]	12 DSM III-R, 8 males 6.6 ± 1.5 years old (5–10) IQ: 49.0 ± 14.6 (33–73)	14 retrospective neurologic controls, 9 males 7.4 ± 1.8 years old (5–10) IQ: supposed normal	0.5 T 5 mm thick IR ≥ 0.98 Area measurements; no covariates	Smaller midbrain and medulla oblongata areas and ratios No abnormalities in vermis lobules I–X and pons areas	7.5

Table 1 (Continued)

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Hashimoto et al. [36]	21 DSM III-R, 15 males 4.3 ± 1.7 years old (2–7) IQ: 64.2 ± 24.0 (20–129)	24 retrospective neurologic controls, 14 males 3.9 ± 2.0 years old (2–7) IQ: 108.5 ± 8.6 (94–123)	0.5 T 5 mm thick IR ≥ 0.98 Area measurements; no covariates	Smaller midbrain, pons, medulla oblongata, and vermis lobule VIII–X areas	8
Holttum et al. [41]	18 male DSM III-R 20.2 ± 8.1 years old (11.7–41.0) IQ: 94.5 ± 12.2 (74–116)	18 male healthy controls 20.2 ± 8.3 years old (11.9–41.7) IQ: 95.2 ± 12.1 (72–115)	1.5 T 3 mm thick IR ≥ 0.75 Area measurements; total brain covariate	No abnormalities in vermis lobules I–X and 4th ventricle areas	9.5
Kleiman et al. [45]	13 DSM III-R, 10 males 7.7 ± 5.7 years old (2.7–16.8) IQ: 48 (20–71)	26 retrospective neurologic controls 7.0 years old (1 month–12.5) IQ: supposed normal	1.0 T 3–8 mm thick IR ≥ 0.95 Area measurements; age and sex covariated	No abnormalities in vermis lobules I–VII, pons, and 4th ventricle areas	8
Piven et al. [58]	15 male DSM III-R 27.7 ± 10.7 years old (8–53) IQ: 92.5 ± 23.4 (60–130) IQ < 70: 4 patients IQ > 70: 11 patients	Group I: 15 male controls 30.3 ± 8.9 years old (18–47) IQ: 99.9 ± 26.4 (64–130) Group II: 15 normal male controls 28.8 ± 5.6 years old (18–36) IQ: 130 ± 0.0	1.5 T 3 mm thick IR ≥ 0.95 Area measurements IQ; total brain, and age covariated	No abnormalities in vermis lobules VI–VII, pons, and 4th ventricle areas Enlarged midsagittal brain areas	10
Hashimoto et al. [37]	12 DSM III-R, 11 males 6.1 ± 3.2 years old (2–12) IQ: 99.2 ± 18.1 (80–129)	24 retrospective neurologic controls, 21 males 5.9 ± 3.2 years old (2–12) IQ: 105.9 ± 9.8 (91–125)	0.5 T 5 mm thick IR ≥ 0.98 Area measurements; no covariates	Smaller midbrain and medulla oblongata areas No abnormalities in vermis lobules I–X and pons areas	7.5
Courchesne et al. [14]	50 DSM III, 41 males 16.5 years old (2–40) IQ < 70: 27 patients IQ > 70: 22 patients	53 healthy (41) or medical controls (12), 43 males 17 years old (3–39) IQ: supposed normal	1.5 T 5 mm thick IR ≥ 0.90 Area measurements; no covariates	Hypoplasia and hyperplasia subtypes for vermis lobules VI–VII	9.5
Hashimoto et al. [38]	102 DSM III-R, 76 males 6.1 ± 4.7 years old (1–20) IQ: 59.5 ± 25.0 (10–129)	112 healthy (41) or retrospective neurologic controls (71), 65 males 7.1 ± 5.4 years old (1–20) IQ: 99.2 ± 18.1 (80–129)	0.5 and 1.5 T 5–7 mm thick IR ≥ 0.98 Area measurements; no covariates	Reduced total brainstem, pons, midbrain, medulla oblongata and vermis lobules I–X areas	9.5
Piven et al. [55]	22 males, DSM III-R 18.4 ± 4.5 years old (13–29) IQ: 90.8 ± 22.0 (52–136)	20 males healthy controls 21.6 ± 3.5 years old (14–28) IQ: 103.4 ± 9.9 (80–122)	1.5 T 1.5 mm thick IR ≥ 0.98 Volume measurements; height and IQ covariated	Increased total brain volumes No abnormalities in lateral ventricle volumes	12
Piven et al. [54]	35 DSM III-R, 26 males 18.4 ± 4.5 years old (12–29) IQ: 91.0 ± 19.8 (52–136)	36 healthy controls, 20 males 20.2 ± 3.8 years old (13–28) IQ: 102.1 ± 12.8 (72–135)	1.5 T 1.5 mm thick IR ≥ 0.95 Volume measurements; height and IQ covariated	Increased temporal, parietal, occipital lobe volumes No abnormalities in frontal lobe volumes	11.5
Schaefer et al. [66]	13 retro or prospective DSM III-R, 7 males 5.9 years old IQ < 70	125 retro or prospective normal controls 0–90 years old IQ: supposed normal	Tesla not reported 3–5 mm thick IR ≥ 0.95 Area measurements; age covariated	No abnormalities in vermis lobules VI–VII areas	8

Table 1 (Continued)

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Ciesielski et al. [10]	9 DSM III-R, 5 males 16.8 years old (10–23) IQ: 77–109	10 healthy controls, 7 males 16.6 years old (12–26) IQ: 106–132	1.5 T 5 mm thick IR \geq 0.92 Area measurements; IQ covariated	No abnormalities in vermis lobules I–VII and pons areas	8
Piven et al. [59]	35 DSM II-R, 26 males 18.0 \pm 4.5 years old (12–29) IQ: 91.0 \pm 19.8 (52–136) IQ < 70: 4 patients IQ > 70: 31	36 healthy controls, 20 males 20.2 \pm 3.8 years old (13–28) IQ: 102.0 \pm 12.8 (72–135)	1.5 T 1.5 mm thick IR \geq 0.90 Area and volume measurements; total brain, IQ, and sex covariated	No abnormalities in total cerebellum and vermis lobules I–VII sizes	11.5
Abell et al. [1]	15 DSM IV, 12 males 28.9 \pm 6.6 years old IQ: 42.5 \pm 6.6 (max: 50)	15 normal controls, 12 males 25.4 \pm 3.1 years old IQ: 45.2 \pm 2.9 (max: 50)	2 T 1 mm ³ voxels; voxel-based MRI gray matter density	Increased cerebellar hemisphere and pyramis, right inferior and left middle temporal gyrus gray matter densities Decreased right paracingulate sulcus, left occipito-temporal cortex, and left inferior frontal gyrus gray matter densities	9
Aylward et al. [5]	14 male ADI 20.5 \pm 1.8 years old (11–37) IQ: 106.4 \pm 11.7	14 male healthy controls 20.3 \pm 1.7 years old (11–38) IQ: 108.5 \pm 12.6	1.5 T 1.5 mm thick IR \geq 0.99 Volumes measurements; no covariates	No abnormalities in total brain volume	10.5
Levitt et al. [47]	8 DSM IV 12.5 \pm 2.2 years old (9.8–16.0) IQ: 83.3 \pm 11.9	21 healthy controls 12.0 \pm 2.8 years old (7.9–16.8) IQ: 114.9 \pm 11.0	1.5 T 1.4 mm thick IR \geq 98 Area measurements; IQ covariated	No abnormalities for vermis lobules I–X areas	8
Manes et al. [48]	27 DSM IV, 22 males 14.3 \pm 6.8 years old Mental age: 4.6 \pm 5.6	17 healthy controls 11 males, 11.8 \pm 5.0 years old Mental age: 4.5 \pm 2.7	1.5 T 5 mm thick IR \geq 0.95 Area measurements; brain area covariated	No abnormalities in vermis lobules I–X areas	10
Carper and Courchesne [8]	42 male DSM IV 5.4 \pm 1.7 years old (3.1–9.1) IQ: 79.5 \pm 22.3	29 male healthy controls 6.0 \pm 1.8 years old (3.4–9.0) IQ: 114.0 \pm 12.0	1.5 T 3–4 mm thick IR not reported Area and volume measurements; total brain covariated	Reduced vermis lobules VI–VII areas Inverse correlation between vermis lobules VI–VII areas and frontal cortex volumes No abnormalities in frontal lobe volumes	10.5
Elia et al. [20]	22 male retarded DSM IV 10.9 \pm 4.0 years old (4.7–16.6) IQ < 70	11 male normal controls 10.9 \pm 2.9 years old (5.3–14.6) IQ: supposed normal	0.5 T 5 mm thick IR not reported Area measurements; no covariates	No abnormalities in total vermis, vermis lobules VI–VII, pons, midbrain, and cerebrum areas	7.5
Haznedar et al. [39]	17 DSM IV, 15 males 27.7 \pm 11.3 years old IQ: 55–125	17 healthy controls, 15 males 28.8 \pm 9.4 years old IQ: 88–136	1.5 T axial 1.2 mm thick IR \geq 0.87 Volume measurements; total brain covariated	Reduced right anterior cingulate gyrus volumes No abnormalities in brain, left anterior cingulate gyrus, and left and right posterior cingulate gyrus volumes	9.5
Howard et al. [43]	10 male DSM IV 15.8–40.3 years old IQ > 70	10 male healthy controls age-, gender-, IQ-matched	1.5 T 1.6 mm thick IR \geq 0.80 Volume measurements; intracranium covariated	Enlarged lateral ventricle and intracranium volumes No abnormalities in temporal lobe volumes	10

Table 1 (Continued)

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Courchesne et al. [12]	60 male DSM IV	52 male healthy controls	1.5 T 3–4 mm thick	In 2–4 years old autistic patients	11.5
	6.2 ± 3.5 years old (2–16)	2–16 years old	IR = 0.99	Larger cerebellar white matter and brain volumes	
	IQ: 40–90	IQ: 86–132	Area and volume measurements; no covariates	Reduced vermis lobules VI–VII cross-sectional areas	
Hardan et al. [32]	22 male ADI	22 male healthy controls	1.5 T 3–5 mm thick	Enlarged total cerebellum and cerebellar hemisphere volumes	12
	22.4 ± 10.1 years old (12.2–51.8)	22.4 ± 10.0 years old (12.9–52.2)	IR ≥ 0.92	No abnormalities in total vermis, vermis lobules I–X, total brainstem, pons, midbrain, and medulla oblongata sizes	
	IQ: 100.4 ± 14.7 (83–136)	IQ: 100.5 ± 14.2 (72–131)	Area and volume measurements; total brain covariated		
Hardan et al. [34]	16 male ADI	22 male healthy controls	1.5 T 5 mm thick	Increased total brain and 3rd ventricle volumes	10.5
	22.2 ± 10.1 years old IQ: 102.8 ± 15.2	22.4 ± 10.0 years old IQ: 101.2 ± 13.9	IR ≥ 0.95 Volume measurements; intracranium covariated	No abnormalities in 4th and lateral ventricle volumes	
Aylward et al. [4]	67 ADI, 58 males	83 healthy controls, 76 males	1.5 T 1.5 mm thick	In 8–12 years old autistic patients: increased brain volume	11.5
	18.8 ± 10.0 years old IQ: 102.7 ± 15.5	18.9 ± 10.0 years old IQ: 107.0 ± 12.5	IR = 0.99 Volume measurements; height and sex covariated	In all patient sample: increased head circumference	
Carper et al. [9]	38 male DSM IV and ADI 5.7 ± 2.2 years old (3–10) IQ: >70 in 26 patients <70 in 12 patients	39 male healthy controls 6.5 ± 2.5 years old (2–12) IQ > 80	1.5 T 3 mm thick IR not reported Volume measurements; no covariates	In 2–4 years old autistic patients: larger frontal and parietal white matter and frontal and temporal gray matter volumes	11.5
Rojas et al. [63]	15 DSM IV and ADI, 13 males 29.9 ± 9.0 years old (19–47) IQ: 94.9 ± 21.6 (62–133)	15 healthy controls, 13 males 30.4 ± 9.3 years old (17–47) IQ: 124.8 ± 7.98 (113–142)	1.5 T 1.7 mm thick IR ≥ 0.86 Volume measurements; total brain covariated	Reduced left planum temporale No abnormalities in right planum temporale and both Heschl's gyrus volumes	10.5
Sparks et al. [68]	29 DSM IV and ADI, 26 males	26 healthy controls, 18 males	1.5 T 1.5–2 mm thick	Enlarged total brain volumes	11
	3.9 ± 0.4 years old (3.2–4.5) IQ: < 80 for most patients	3.9 ± 0.5 years old (3.0–4.7) IQ: supposed normal	IR ≥ 0.83 Volume measurements; age, sex, and total brain covariated	No abnormalities in cerebellum volumes	

IQ: intelligence quotient; IR: inter-rater reliability; ADI: Autism Diagnostic Interview.

3.1.2. Cerebellar hemispheres

Decreased cerebellar areas have been reported in children and adult autistic patients in two small MRI studies [27,52]. However, these studies were limited by the use of one 5–10 mm thick image, the lack of adjustment for IQ, and the comparison with retrospective samples of medical controls. Also, Gaffney et al. failed to replicate their findings in a subsequent study [26]. On the contrary, enlarged total [32,59,68], gray [1], and white matter [12] volumes in cerebellum have been shown by several well-designed con-

trolled MRI studies in children and young adult individuals with autism, mostly moderate-to-high-functioning (Table 1). However, in the studies by Piven et al. [59] and by Sparks et al. [68] cerebellar enlargement was not detected after controlling for total brain volume, IQ, or gender.

3.1.3. Brainstem

Smaller areas of brainstem sub-regions have also been reported by three different research groups in mentally and non-mentally retarded juvenile and young adult patients with

autism [10,24,36–38]. However, in the study by Ciesielski et al. [10] the anatomical abnormalities disappeared after controlling for IQ, whereas the other studies did not adjust their findings for total brain size and IQ measures. Furthermore, Hashimoto et al. [36–38] included in their comparison group individuals who had the MRI study conducted for headache or head trauma. Additionally, several controlled MRI studies found no anatomical abnormalities in brainstem in mentally or non-mentally retarded young

and adult individuals with autism [20,28,32,35,44,45,58] (Table 1).

3.2. Total brain and cortical lobes

Enlarged total brain area [58] and volume [4,12,34,43,55,68] have been reported in juvenile and adult male individuals with autism, after adjusting for height, IQ, and intra-cranial volume (ICV). This observation in combination

Table 2
MRI studies of amygdala and hippocampus in autism

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Saitoh et al. [64]	33 DSM III-R, 30 males 13.8 ± 9.1 years old (5.9–42.2) IQ > 70: 21 patients IQ < 70: 12 patients	23 healthy controls, 19 males 13.3 ± 8.1 years old (6.2–42.7) IQ: supposed normal	1.5 T 5 mm thick IR ≥ 0.96 Area measurements; no covariates	No abnormalities in posterior hippocampal cross-sectional areas	10
Piven et al. [57]	35 DSM III-R, 26 males 18.0 ± 4.5 years old (12–29) IQ: 91.0 ± 19.8 (52–136)	36 healthy controls, 20 males 20.2 ± 3.8 years old (13–28) IQ: 102.1 ± 12.8 (72–135)	1.5 T 1.5 mm thick IR ≥ 0.90 Volume measurements; total brain, IQ, and sex covariates	No abnormalities in hippocampus volume	11.5
Abell et al. [1]	15 DSM IV, 12 males 28.9 ± 6.6 years old IQ: 42.5 ± 6.6 (max: 50)	15 normal controls, 12 males 25.4 ± 3.1 years old IQ: 45.2 ± 2.9 (max: 50)	2.0 T 1 mm ³ -voxels voxel-based MRI gray matter density	Increased left amygdala gray matter density	9
Aylward et al. [5]	14 male ADI 20.5 ± 1.8 years old (11–37) IQ: 106.4 ± 11.7	22 male healthy controls 22.4 ± 10.0 years old (11–38) IQ: 108.5 ± 12.6	1.5 T 1.5 mm thick IR ≥ 0.88 Volume measurements; total brain and height covariates	Bilaterally reduced amygdala and hippocampus volumes	10.5
Haznedar et al. [39]	17 DSM IV, 15 males 27.7 ± 11.3 years old IQ: 55–125	17 healthy controls, 15 males 28.8 ± 9.4 years old IQ: 88–136	1.5 T 1.2 mm thick IR ≥ 0.81 Volume measurements; total brain covariates	No abnormalities in amygdala or hippocampus volumes	9.5
Howard et al. [43]	10 male DSM IV 15.8–40.3 years old IQ > 70	10 male healthy controls age-, gender-, IQ-matched	1.5 T 1.6 mm thick IR ≥ 0.80 Volume measurements; intracranium covariates	Bilaterally enlarged amygdala volumes No abnormalities in hippocampal and parahippocampal volumes	10
Saitoh et al. [65]	59 ADI, 52 males 11.2 ± 9.2 years old (2.4–42) IQ: 41–135	51 healthy controls, 40 males 11.4 ± 8.0 years old (2.3–43) IQ: 88–150	1.5 T 5 mm thick IR ≥ 0.96 Area measurements; total brain covariates	Reduced hippocampal area dentate cross-sectional areas No abnormalities in subiculum + hippocampal CA1–CA3 cross sectional areas	10
Sparks et al. [68]	29 DSM IV and ADI, 26 males 3.9 ± 0.4 years old (3.2–4.5) IQ: < 80 for most patients	26 healthy controls, 18 males 3.9 ± 0.5 years old (3.0–4.7) IQ: supposed normal	1.5 T 1.5–2 mm thick IR ≥ 0.83 Volume measurements; age, sex, and total brain covariates	Enlarged right amygdala in male patients No abnormalities in both hippocampal and left amygdala volumes	11

IQ: intelligence quotient; IR: inter-rater reliability; ADI: Autism Diagnostic Interview.

with increased fronto-occipital circumference appears to be one of the most consistent neurobiologic findings in autism [4,6,18,22,23,31,46,49]. However, other studies did not find any abnormal total brain area [20,26,28] or volumes [5,39] in mentally or non-mentally retarded patients with autism, predominantly males (Table 1). Nonetheless, these negative studies did not take IQ, gender, or ICV into account (except in Haznedar et al. [39]), and in three of them total brain areas were measured by analyzing a single 5–10 mm thick image slice [20,26,28].

Abnormally enlarged volumes of frontal, temporal, and parietal lobes [9,54], and increased gray matter density in the inferior and middle temporal gyri [1] have been reported in juvenile and young male adult mentally and non-mentally retarded individuals with autism, before and after adjusting for TBV, height, and IQ (Table 1). However, qualitative signs of superior parietal cortical volume loss (7/21 autistic patients) [13] and abnormally decreased volumes of right cingulate [1,39], left occipito-temporal cortex, and left inferior frontal gyrus [1] have been shown in adolescent and young adult patients with autism. Nonetheless, normal frontal [8,54] and occipital lobe volumes [9] were also reported by controlled MRI investigations.

Interestingly, Rojas et al. [63] recently showed that planum temporale in adults with autistic disorder lacks of the normal asymmetry, being abnormally reduced in the left side. Planum temporale is a structure located on the superior surface of the temporal lobe and roughly corresponding with the receptive speech area, playing a crucial role in the functional asymmetry of language skill. Therefore, the authors suggested that the absence of planum temporale asymmetry in autism may be due to early neurodevelopmental disturbance, possibly impairing language acquisition and competency.

3.3. Ventricles

Gaffney et al. [26,27] reported abnormally enlarged 4th ventricle in autism, whereas most controlled MRI reports did not [28,29,34,41,45,53,58]. Lateral ventricle sizes in patients with autism have been reported enlarged in one controlled MRI study [43], and normal in two others [34,55]. Only one controlled MRI study examined 3rd ventricle in autism, showing abnormally increased volumes [34] (Table 1).

3.4. Hippocampus and amygdala

Decreased hippocampal measures have been found in juvenile and adult male patients with autism, mostly high-functioning [5,65] when compared to age- and gender-matched healthy controls, even after total brain adjustment. However, several controlled MRI studies have reported no abnormalities in this region in mentally and non-mentally retarded male individuals with autism [39,43,57,64,68] (Table 2). Enlarged amygdala volumes have been described in adolescent and adult patients with autism, mostly high-functioning males [1,43,68], but not in all studies [5,39] (Table 2).

3.5. Basal ganglia and thalamus

Abnormally reduced areas of lenticular nucleus [25] and increased caudate volumes [67] have been reported in autism. No abnormalities in size of thalamus and caudate [25], and putamen and globus pallidus [67] were reported (Table 3). Interestingly, caudate volumes significantly correlated with ritualistic-repetitive behaviors in the study by Sears et al. [67], suggesting that it may be part of an

Table 3
MRI studies of basal ganglia and thalamus in autism

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Gaffney et al. [25]	13 DSM III, 10 males 4–19 years old IQ: 84.9 ± 26.7 (65–139)	33 retrospective medical controls, 18 males 4–19 years old IQ: supposed normal	0.5 T 10 mm thick IR ≥ 0.84 Area measurements; total brain covariated	Reduced right lenticular nucleus areas No abnormalities in caudate, left lenticular, and thalamus areas	8
Sears et al. [67]	35 DSM III-R, 26 males 18.4 ± 4.5 years old (12–29) IQ: 91.0 ± 19.8 (52–136)	36 healthy controls, 20 males 20.2 ± 3.8 years old (13–28) IQ: 102.1 ± 12.8 (72–135)	1.5 T 1.5 mm thick IR ≥ 0.74 Area measurements; total brain covariated	No abnormalities in caudate, putamen, and globus pallidus volumes	12
Sears et al. [67]	13 male DSM III-R 27.7 ± 10.7 years old IQ: 92.5 ± 23.4 (60–130)	25 male control Group I: 18–47 years old IQ: 64–130	1.5 T 3 mm thick IR not reported Volume measurements; total brain and IQ covariated	Enlarged caudate volumes	10.5
Tsatsanis et al. [71]	12 male DSM IV and ADI 21.0 ± 10.4 years old (11.3–37.9) IQ: 106.4 ± 18.3 (82–141)	12 male healthy controls 18.1 ± 6.3 years old (10.7–29.5) IQ: 108.8 ± 15.6 (87–138)	1.5 T 1.2 mm thick IR ≥ 0.93 Total brain covariated	Reduced thalamic volumes in patients with high total brain volumes	10.5

IQ: intelligence quotient; IR: inter-rater reliability; ADI: Autism Diagnostic Interview.

Table 4
MRI studies of corpus callosum in autism

Study	Autistic patients	Comparisons	Methods	Findings in autism	Rate
Gaffney et al. [27]	13 DSM III, 10 males 11.3 ± 4.7 years old (5–22) IQ: 84.9 ± 27.7 (60–135)	35 retrospective medical controls, 21 males 12.0 ± 5.2 years old (4–19) IQ: supposed normal	0.5 T 10 mm thick IR ≥ 0.94 Area measurements; no covariates	No abnormalities in total corpus callosum areas	8
Egaas et al. [19]	51 DSM III-R, 45 males 15.5 ± 10.0 years old (3–42) IQ > 70: 35 patients IQ < 70: 16 patients	51 healthy controls, 45 males 15.5 ± 9.9 years old (3–45) IQ: supposed normal	1.5 T 4–5 mm thick IR ≥ 0.99 Area measurements; no covariates	Reduced total and posterior callosal sub-region areas	9.5
Piven et al. [56]	35 DSM III-R, 26 males 18.0 ± 4.5 years old (12–29) IQ: 91.0 ± 19.8 (52–136)	36 healthy controls, 20 males 20.2 ± 3.8 years old (13–28) IQ: 102.1 ± 12.8 (72–135)	1.5 T 1 mm thick IR ≥ 0.90 Area measurements; total brain, IQ, and sex covariates	Reduced middle and posterior callosal sub-region areas	11.5
Manes et al. [48]	27 DSM IV, 22 males 14.3 ± 6.8 years old Mental age: 4.6 ± 5.6	17 healthy controls, 11 males 11.8 ± 5.0 years old Mental age: 4.5 ± 2.7	1.5 T 5 mm thick IR ≥ 0.98 Area measurements; total brain and IQ covariates	Reduced total, genu, body, and isthmus areas	10
Elia et al. [20]	22 male DSM IV 10.9 ± 4.0 years old (4.7–16.6) IQ < 70	11 male normal controls 10.9 ± 2.9 years old (5.3–14.6) IQ: supposed normal	0.5 T 5 mm thick IR not reported Area measurements; no covariates	No abnormalities in total corpus callosum areas	8
Hardan et al. [33]	22 male ADI 22.4 ± 10.1 years old (12.2–51.8) IQ: 100.4 ± 14.7 (83–136)	22 male healthy controls 22.4 ± 10.0 years old (12.9–52.2) IQ: 100.5 ± 14.2 (72–131)	1.5 T 3 mm thick IR ≥ 0.91 Area measurements; total brain covariates	Reduced anterior callosal sub-region areas No abnormalities in total, middle, and posterior callosal areas	10.5

IQ: intelligence quotient; IR: inter-rater reliability; ADI: Autism Diagnostic Interview.

abnormal neural network sustaining stereotyped behaviors in autism.

It is stimulating to note that it has recently been shown that male people with high-functioning autism and with high brain volumes have significantly smaller thalamic volumes compared to age-, gender-, IQ-, and brain volume-matched normal controls [71].

3.6. Corpus callosum

Abnormally reduced anterior (genu and rostrum), middle (body), and posterior (isthmus and splenium) callosal sub-regions have consistently been reported in juvenile and adult male individuals with autism, either mentally or non-mentally retarded, even after covarying for gender and total brain measures [19,33,48,56]. Additionally, several studies described abnormalities in total corpus callosum areas in autism [19,48], but some did not [20,27,33] (Table 4).

4. Discussion

The MRI studies reviewed here suggest the existence of morphometric abnormalities in several brain structures in autism, even though some findings have often been controversial (Table 5). Nonetheless, MRI remains the gold-standard technique to identify structural brain alterations in patients with neuropsychiatric disorders, such as autism, in order to provide a neuroanatomic model of pathophysiology and, ultimately, contribute to developing effective therapeutic interventions.

Increased total brain, parieto-temporal lobe, and cerebellar hemisphere volumes in individuals with autism have been replicated by several well-designed MRI reports with satisfactory methodology, although there are still some inconsistencies among MRI studies exploring cerebellar hemisphere size (Table 5). Hypothetically, abnormalities of these structures might be relevant in underlying certain impaired abilities in autism, such as altered responses to emotional clues,

Table 5
Summary of MRI findings in autism

Structures	Decreased size, <i>N</i> studies (measurements)	Increased size, <i>N</i> studies (measurements)	Negative findings, <i>N</i> studies (measurements)
Cerebellar vermis			
Total vermis			3 (areas and volumes)
Lobules I–V	1 (areas)		10 (areas)
Lobules VI–VII	5 (areas) (same group)	2 (areas) (same group)	11 (areas)
Lobules VIII–X	2 (areas)	1 (gray matter density)	7 (areas)
Cerebellar hemispheres	2 (areas)	3 (volumes)	3 (1 areas, 2 volumes)
Total brainstem	2 (areas)		1 (areas and volumes)
Pons	3 (areas)		8 (areas)
Midbrain	4 (areas) (same group)		4 (areas)
Medulla	4 (areas) (same group)		2 (areas)
Total brain		7 (areas and volumes)	5 (areas and volumes)
Cortical lobes			
Frontal		1 (volumes)	2 (volumes)
Temporal		3 (volumes)	
Parietal		2 (volumes)	1 (qualitative signs)
Occipital	1 (volumes)	1 (volumes)	
Planum temporale	1 (volumes)		
Ventricular system			
Lateral ventricles		2 (areas and volumes)	2 (volumes)
Third ventricles		1 (volumes)	
Fourth ventricles		2 (areas) (same group)	7 (areas and volumes)
Hippocampus	2 (areas and volumes)		5 (areas and volumes)
Amygdala	1 (volumes)	3 (volumes)	1 (volumes)
Basal ganglia			
Caudate		1 (volumes)	2 (areas and volumes)
Putamen	1 (areas)		1 (volumes)
Globus pallidus			1 (volumes)
Thalamus	1 (volumes)		1 (areas)
Corpus callosum			
Total	2 (areas)		3 (areas)
Anterior sub-regions	2 (areas)		2 (areas)
Middle body	2 (areas)		2 (areas)
Posterior sub-regions	3 (areas)		1 (areas)

N: number.

information processing, social and higher cognitive functions. Although it is still conflicting whether frontal lobes are anatomically abnormal in autism, considerable evidences from several controlled functional reports support their involvement in the pathophysiology and cognitive impairment of autism [30,42,72]. Several controlled MRI studies with autistic patients reported negative findings for size abnormalities in cerebellar vermis, brainstem, basal ganglia, and 4th ventricle, suggesting that these structures are anatomically preserved (Table 5). However, the absence of volumetric abnormalities does not exclude the existence of functional impairments sustaining a possible role in the pathophysiology of the illness.

Other structures such as the hippocampus, amygdala, and corpus callosum have recently been suggested to be structurally abnormal in patients with autism, and possibly implicated in the pathophysiology of this disorder. Specifically,

the available literature in autism suggests that corpus callosum may be reduced and amygdala, although less clearly, may be increased, whereas findings on hippocampus are still conflicting (Table 5). Hippocampus and amygdala are involved in social learning, cognitive functions, and emotional processing in humans [2,17] and might play a role in social behavior and social intelligence deficits in patients with autism. Furthermore, corpus callosum size reduction may diminish inter-hemispheric connectivity and may be involved in pathophysiology of the cognitive impairments and clinical features of autism.

A disturbed neural network probably involving the temporo-parietal cortex, limbic system, cerebellum, pre-frontal cortex, and corpus callosum appears to be involved in pathophysiology of autism. The brain changes could possibly result from abnormalities in brain development, subsequent to disturbance of brain growth in early life, and could

anatomically underlie the cognitive and social impairments of subjects with autism [11]. This abnormal development might be characterized by increased rate of brain growth from early infancy (2- to 3-year-old) through preschool period (particularly in frontal, temporal and parietal lobes, and cerebellum), followed by an abnormally slow cerebral and cerebellar volume increase during late childhood, puberty and adolescence [4,6,9,12,46]. Several developmental processes may be contributing to brain abnormalities in autism, including increased neurogenesis and/or myelination, and decreased neuronal elimination. These developmental abnormalities could be the result of gene mutations, inappropriate levels of neurotrophines, and environmental factors which, together or independently, are affecting brain development and leading to pathological states.

The rate scores of the check-list (see the last column of the tables) show that the quality of MRI investigations has steadily improved over recent years. Similar check-lists should be considered by future overview of neuroimaging findings in psychiatric disorders to rate the completeness of MRI studies. In particular, although all items were scored 1 if satisfied, it is important to note that some of them are critical in improving the quality of a MRI study, such as sample size, controlling for confounding variables, and reproducibility of the methodology. Several MRI studies suffered from considerable methodological limitations, limiting the generalization of their findings. Thus, future structural MRI reports should attempt to overcome the sample and design limitations of earlier investigations. First, longitudinal MRI studies will be essential to examine abnormal brain development, and crucial to a better understanding of the developmental neurobiology of autism. Second, rigorous matching should occur between autistic patients and normal controls on several variables including age, gender, social-economic status (SES), and IQ, while taking into account confounding factors such as total brain sizes. Finally, novel technologies such as voxel-based morphometry, magnetization-transfer imaging, and diffusion tensor MR imaging will be necessary for investigating the relative contributions of each tissue compartment to changes in brain structures and for clarifying whether putative callosal reduction is due to decreased myelination or loss of cortical projections. The application of these innovative methodologies would allow the mapping of the neural networks involved in the pathophysiology of autism and would potentially help the characterization of biological sub-groups, and facilitate the creation of diagnostic categories based on specific brain mechanisms.

In conclusion, despite a growing number of quantitative MRI studies, few robust findings have been observed. Structural abnormalities involving total brain volume, the cerebellum and, recently, corpus callosum have been consistently replicated. The available evidence suggests the existence of a disturbed neural network involving cortical and subcortical areas, including temporo-parietal cortex, limbic system, cerebellar, and prefrontal regions. In order to overcome design limitations of the previous morphome-

tric neuroimaging reports, future quantitative MRI studies should focus on identifying possible morphological brain markers by including homogenous groups of well characterized individuals with autism and healthy controls, matched for age, gender, SES, and IQ and should longitudinally investigating those groups. Novel MR techniques will also be instrumental to further clarify the neural networks sustaining the pathophysiology of autism.

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